



# SEASONAL HEALTH ALERT

Issued: October 15, 2018 For: Public Health Districts, Legislators and Media

Questions, contact WAPC by emailing [mryuk@wapc.org](mailto:mryuk@wapc.org)

## Thanksgiving Food Safety

Fall is here, time for pumpkins, corn mazes, apple cider, leaves and Halloween! With trick-or-treating season right around the corner, the Washington Poison Center offers some safety tips to ensure your little ghosts, goblins, Super Heroes and princesses have a fun, healthy and safe Halloween.

### SAFETY FIRST

1. **Inspect all candy before eating** – for signs of tampering or compromised packaging. This includes tears, broken seals, pinholes, or discoloration.
2. **Double-check products that look like candy, but are not** – if you see a package that has the **“NOT FOR KIDS”** symbol, it contains marijuana, and **IS NOT FOR KIDS**.
3. **Glow sticks should be worn, not chewed on** – the liquid in glow sticks is generally not toxic, but can cause irritation if swallowed or splashed into the eyes. **NEVER** put glow sticks in the microwave.
4. **Dry ice** – when handling dry ice, wear gloves and be careful. Do not store dry ice in the freezer, and always use it in a well ventilated area. Ingestion of dry ice and exposure to the skin can cause significant injury.
5. **Hydration** – drink lots of water before and while you are out.
6. **Be wise about consuming** – alcohol does not mix well with anything, especially marijuana or prescription drugs, and if consumed together, can lead to severe health problems.



### GOOD SAMARITAN LAW

- The Good Samaritan Law protects Washington residents from being prosecuted for being under the influence when seeking help for themselves or a friend. Call for help at the first signs of trouble. If someone is unconscious, unresponsive, or not breathing, call 911 immediately.

The Washington Poison Center is always here to help, 24/7/365 by calling:  
**1 (800) 222-1222.**