



SEASONAL HEALTH ALERT

Halloween Safety Tips

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Contact WAPC at mryuk@wapc.org with questions

Halloween is right around the corner! Follow our safety tips to ensure this spooky night doesn't become too scary with an unexpected poisoning.

- **Be careful with glow sticks.** The liquid in glow sticks is generally not toxic, but can cause irritation if swallowed or splashed into the eyes. NEVER put glow sticks in the microwave.
- **Use dry ice safely:**
 - Wear gloves and be careful when handling dry ice
 - Do not store dry ice in the freezer, and always use it in a well ventilated area
 - Swallowing or touching dry ice can cause significant burns and injury
- **Inspect all candy before eating** for signs of tampering or compromised packaging. This includes tears, broken seals, pinholes, or discoloration.
- **Consume wisely.** Alcohol does not mix well with anything, especially cannabis or prescription drugs. When consumed together, these substances can lead to severe health and safety issues.
- **Safely store cannabis (marijuana) edibles** away from all Halloween candy—out of sight, reach, and preferably locked up.

Celebrate safely during COVID-19

- Door-to-door trick-or-treating can be risky, as it brings people into close contact:
 - If you plan to give out treats, explore ways to do so while staying 6 feet apart, like sliding candy down a wrapping paper tube into trick-or-treat bags, or having individual goodie bags prepared and set out along your driveway.
 - Wear a protective mask (a cloth face covering or disposable mask that covers your mouth and nose) if you are giving out candy or going trick-or-treating.
- If you are celebrating with people outside of your household, wear a mask and celebrate outdoors when possible.
- **Use hand sanitizer** after each interaction (giving OR receiving candy). Only adults should dispense hand sanitizer—do not let children apply hand sanitizer to themselves. Use a dime sized amount and ensure hands are rubbed together until dry.
- **Do not use disinfectants or cleaning products on candy.**
- **Consider alternatives to trick-or-treating:**
 - Trick-or-treat inside your home by hiding candy for your kids to find.
 - Have a spooky movie night with Halloween-themed treats.
 - Have a virtual pumpkin carving and/or costume contest with other families.
 - Decorate your yard and house with Halloween-themed items.
- See more safer celebration ideas from the CDC (<https://bit.ly/3cJweue>)