Fall is here, time for pumpkins, corn mazes, apple cider, leaves and Halloween! With trick-or-treating season right around the corner, the Washington Poison Center offers some safety tips to ensure your little ghosts, goblins, super heroes, and princesses have a fun, healthy and safe Halloween.

SAFETY FIRST

1. **Inspect all candy before eating** for signs of tampering or compromised packaging. This includes tears, broken seals, pinholes, or discoloration.

2. **Double check products for those that look like candy, but are not.** If you see a package that has the “NOT FOR KIDS” symbol, it contains cannabis (also known as marijuana) and is not safe for kids to eat or drink.

3. **Glow sticks are safe for wearing, not chewing on.** The liquid in glow sticks is generally not toxic, but can cause irritation if swallowed or splashed into the eyes. NEVER put glow sticks in the microwave.

4. **Use dry ice safely:**
   - Wear gloves and be careful when handling dry ice.
   - Do not store dry ice in the freezer, and always use it in a well ventilated area.
   - Ingestion of dry ice and exposure to the skin can cause significant injury.

5. **Stay hydrated**—drink lots of water before and while you are out.

6. **Consume wisely.** Alcohol does not mix well with anything, especially cannabis (marijuana) or prescription drugs. When consumed together, these substances can lead to severe health and safety issues.

GOOD SAMARITAN LAW

- The Good Samaritan Law protects Washington residents for being under the influence when seeking help for themselves or a friend. Call for help at the first signs of trouble.
- If someone is unconscious, unresponsive, or not breathing, call 911 immediately.

The Washington Poison Center is always here to help, 24/7/365. Call 1(800) 222-1222 for free, confidential, and expert poison information.

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