



SEASONAL HEALTH ALERT

Halloween Safety Tips

Issued: October 2019

Contact WAPC at mryuk@wapc.org with questions

Fall is here, time for pumpkins, corn mazes, apple cider, leaves and Halloween! With trick-or-treating season right around the corner, the Washington Poison Center offers some safety tips to ensure your little ghosts, goblins, super heroes, and princesses have a fun, healthy and safe Halloween.

SAFETY FIRST

1. **Inspect all candy before eating** for signs of tampering or compromised packaging. This includes tears, broken seals, pinholes, or discoloration.
2. **Double check products for those that look like candy, but are not.** If you see a package that has the **“NOT FOR KIDS”** symbol, it contains cannabis (also known as marijuana) and is not safe for kids to eat or drink.
3. **Glow sticks are safe for wearing, not chewing on.** The liquid in glow sticks is generally not toxic, but can cause irritation if swallowed or splashed into the eyes. NEVER put glow sticks in the microwave.
4. **Use dry ice safely:**
 - Wear gloves and be careful when handling dry ice.
 - Do not store dry ice in the freezer, and always use it in a well ventilated area.
 - Ingestion of dry ice and exposure to the skin can cause significant injury.
5. **Stay hydrated**—drink lots of water before and while you are out.
6. **Consume wisely.** Alcohol does not mix well with anything, especially cannabis (marijuana) or prescription drugs. When consumed together, these substances can lead to severe health and safety issues.

GOOD SAMARITAN LAW

- The Good Samaritan Law protects Washington residents for being under the influence when seeking help for themselves or a friend. Call for help at the first signs of trouble.
- If someone is unconscious, unresponsive, or not breathing, call 911 immediately.



The Washington Poison Center is always here to help, 24/7/365.
Call 1(800) 222-1222 for free, confidential, and expert poison information.
155 NE 100th Street, #100, Seattle, WA 98125-8007
P: 206-517-2350 | F: 206-526-8490
www.wapc.org