





Please see <u>Instructions on Using Kahoot!</u> for detailed instructions on accessing and playing Kahoot! lessons
The correct answer(s) to the Kahoot! questions are highlighted in yellow
Contact mryuk@wapc.org with questions on this lesson plan

Slide Number	Question Type	Question/Answers	Script
1.	Discussion	What is a poison?	Can anyone tell me what a "poison" is? Kids raise hands/shout out answers A poison is anything that could make you sick! Can you name some poisons? Kids raise hands/shout out answers A lot of different things can be a poison Things you shouldn't eat or drink, like soaps and things you clean with Things that are safe for other people, but are not safe for you. Like your parent's medicine. Things that are safe if you only have a little bit, but aren't safe when you have a lot. Like if you take too many of your gummy vitamins.
2.	Quiz – Select all that apply	Many people have these in their bathroom. Which of them could be "poisons"? • Medicine • Hairbrush • Mouthwash • Toilet cleaner	 Even though medicine helps you when you're sick, taking it when you're not supposed to or taking too much can make you feel really icky. Only take medicine when your parent or caregiver gives it you. And, if you see medicine around the house, don't touch it. Mouthwash helps cleans your mouth, but be careful not to swallow it! Swallowing it can make your tummy hurt. You probably have a lot of different types of cleaning bottles at home, like the toilet cleaner we just saw. If you aren't careful with them, the liquids in these bottles can make you feel sick, or hurt your skin or eyes. Always ask an adult before touching them! And, if you see a cleaning bottle within your reach, remind an adult that they need to store it up and away from you and your siblings.
3.	Quiz – Select all that apply	You might see these out in your yard. Which of them could be "poisons"? Bee Pesticide/bug killer Berries from a bush Mushrooms	 All of these could be poisons! Even though you might see your parents using a bug killer, never touch it without your parent telling you. The berries might look delicious, but some berries can make you very sick. Same with the mushroom! Always ask an adult before you eat anything growing outside. Did the bee stump you? When they sting you, their sting can have what's called "venom" in it. Usually this just hurts and might make the area around the sting a little swollen (or puffy). For some people though, bee stings can be dangerous if they have what's called an allergic reaction.





4.	Quiz – Select all	Uh oh your parent's	We all use a lot of hand sanitizer, to make sure we're healthy and getting rid of bad
	that apply	purse spilled! Which of these could be "poisons"? • Gum	germs. Hand sanitizer can be a "poison," though, if you accidentally get it in your eyes or mouth. Be careful when you're using hand sanitizer, and make sure you're keeping it out of reach of your little brothers or sisters.
		 Hand Sanitizer Mask Some red things that look like candy 	The second "poison" in the purse were those red things that looked like candy. They were actually medicine, not candy! It's really hard to tell the difference, isn't it?
5.	Discussion	Look-a-likes	Just like the red medicine and candy, a lot of medicines, cleaning products, and other items look just like food or drink. Some of them even smell like food or drinks. We call these things "look-a-likes." Look-a-likes can be confusing for everyone, even adults. Let's look at some examples, and see if you can tell the difference
6.	Quiz – Select one	Which glass contains apple juice? • Glass 1 • Glass 2	
7.	Discussion	Glass 1 and Glass 2	The answer was Glass 1! Glass 2 is a chemical that your parents might put on wood furniture, cabinets, and other wood items in your home. When it's in a glass, this product looks JUST like apple juice! If you smelled it, it would smell like lemons. The bottle is also a really similar shape to the apple juice bottle. Maybe you can tell the difference with the bottle, but what about you younger brother or sister who can't read the label? Help your parents remember to keep lookalikes like this out of sight and out of reach of you and your siblings!
8.	Quiz – Select one	Are these vitamins or candy? • Vitamins • Candy	
9.	Discussion	Gummy vitamins and gummy bears	Like we said earlier, medicine and candy can look a lot alike! That means it's never safe to eat something off of the floor or the counter, even if you think it is candy. Always ask an adult first! And, even though some medicines, like gummy vitamins, taste JUST like candy, you should only eat them when they're given to you by an adult. Even though vitamins and other medicines are good for you, taking them when you're not supposed to or taking too many can make you feel sick (like a bad tummy ache).
10.	Quiz – Select one	Mia sees this jug on the counter. It looks like the fruit punch she's been drinking What should she do? • Drink it	That jug is a cleaning product! Even though it's the same color as fruit punch, has fruit on the label, and smells fruity, it would make Mia very sick if she drank it.





		 Ask an adult 	
11.	Quiz – Select all that apply	Who can you ask about poison safety? Parent Teacher Dog Grandparents	Always ask an adult if you're not sure if something is safe to eat, drink, or touch. That could be your teacher, your parents, your grandparents, or any other adult that you trust. If you see these products out, remind the adult to put it up high and out of your reach.
12.	Discussion	Mr. Yuk	Raise your hand if you know who this is! Children raise hands Do any of you know what his name is? Children shout out answers This is Mr. Yuk! Why do you think he's making a yucky face? Children shout out answers He's making a yucky face because he ate a poison that's making him sick. We put Mr. Yuk stickers on "poisons" that are in our home. So, when we see his bright green face going "yuck!," we know right away we need to be careful. If you see a product with a Mr. Yuk sticker, never touch it without asking an adult first. Remind the adult that they need to keep it up high and out of your reach.
13.	Quiz – Select all that apply	Which products need a Mr. Yuk sticker? Bleach Medicine bottle Laundry soap pods Fluid for your parent's car	All of these products need a Mr. Yuk sticker! Any of these could make you sick if they aren't used correctly. So, use a Mr. Yuk sticker on them to remind <i>you</i> to not touch without asking an adult, and to remind <i>adults</i> to store it out of your sight and reach!
14.	Quiz – Select all that apply	If you have an accident with a poison, who should you tell? Parent Teacher Cat Grandparent	They might call the Poison Center, who has special nurses, pharmacists, and doctors who can help them. The phone number for the poison center is on the Mr. Yuk stickers!





Take-Home Activities and Supplemental Resources:

- Hidden Home Hazards activity
- <u>The Perfect Project</u> Over-the-Counter Medicine Safety digital storybook
- Washington Poison Center's Poison Safety Checklists:
 - o **English**
 - o Spanish
 - o <u>Korean</u>
 - o <u>Vietnamese</u>
 - o Russian
- Seattle Children's Safety Checklist for Home
 - o **English**
 - o **Spanish**
- Seattle Children's <u>Poison Prevention Home Tour video</u>