



Exposure Trends During the COVID-19 Pandemic

Special Focus: Adolescent Intentional Self-Poisoning

Issued October 4, 2021 | Contact mryuk@wapc.org with questions

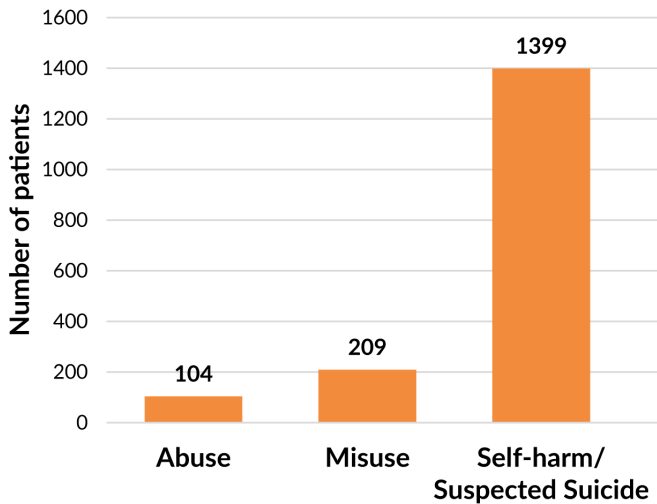
The following data analyzes intentional exposures involving adolescents ages 6-17 years reported to the WAPC in 2019, 2020, and the first six months of 2021 (Jan 1–June 30). For definitions of WAPC’s data terms, see our [glossary](#).

- In the first 6 months of 2021 (Jan 1–June 30), the WAPC managed 3,424 total exposure cases in adolescents ages 6-17 years
- 50% of all adolescent cases were intentional (i.e., abuse, misuse, or self-harm/suspected suicide)

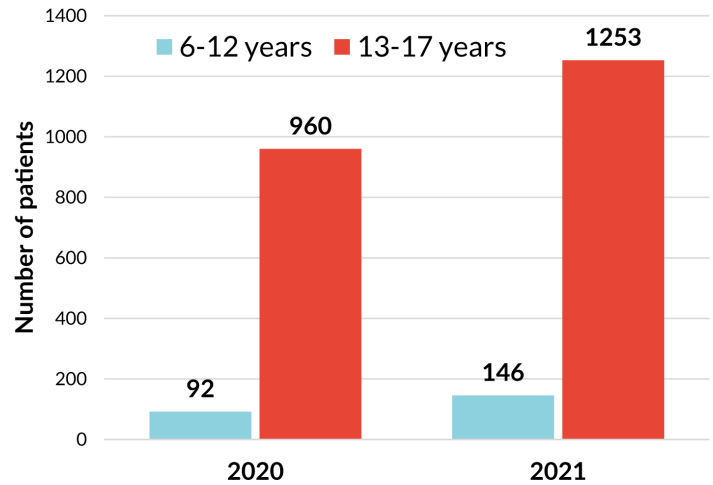
Top Substances in Self-Harm/Suspected Suicide Patients Ages 6-12 years (Jan 1–June 30, 2021)

Substance	Number of patients
Acetaminophen: Adult Formulation	163
Ibuprofen	149
Fluoxetine	119
Sertraline	93
Acetaminophen: Unknown Formulation	53

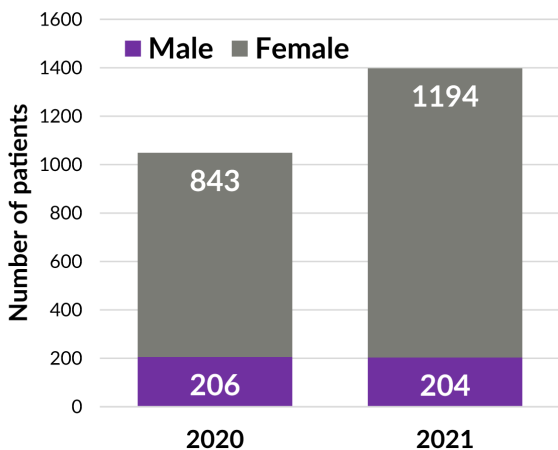
Intentional Exposures in Patients Ages 6-17 years (Jan 1 - June 30, 2021)



Self-harm/Suspected Suicide by Age and Year (Jan 1 - June 30 of 2020 & 2021)

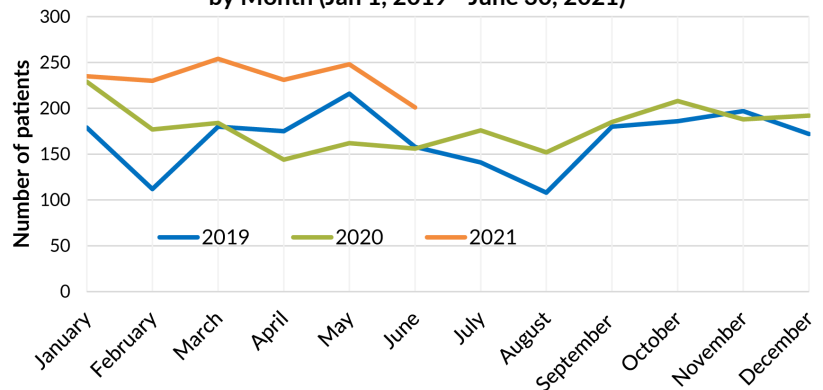


Self-Harm/Suspected Suicide in Patients Ages 6-12 years by Gender & Year (Jan 1 - June 30 of 2020 & 2021*)



*One patient refused to provide their gender in 2021

Self-Harm/Suspected Suicide Exposures in Patients Ages 6-17 years by Month (Jan 1, 2019 - June 30, 2021)



Disclaimer: Reporting of exposures to the Washington Poison Center is voluntary and not mandated by law. As such, these data reflect only the exposures reported to the Washington Poison Center, and are most likely an underrepresentation of the true occurrence of any one substance.