

SEASONAL HEALTH ALERT: HALLOWEEN SAFETY

Call 1-800-222-1222 with accidents or questions

Don't let your night turn into a fright! Stick to our healthy Halloween tips for kids of all ages:

Glow big or go home:

Trick-or-treat as a group, use crosswalks and sidewalks, and stay in well-lit areas. Help people see you in the dark by wearing reflective clothing and using flashlights and/or glow sticks.

Keep glowsticks out of little mouths, though—the liquid isn't toxic, but it can irritate your kid's mouth, skin, or eyes.

Stick to treats, not tricks:

Safely store your cannabis edibles away from Halloween candy, out of sight and reach of kids, and locked up.

Every year we hear concerns about the safety of Halloween candy, particularly fears of tampered treats. Fortunately, actual cases of tampered candy are extremely rare! Issues like bacteria, germs, or dirt are more common, so it's still a good idea to check your child's candy before they dig in. Toss any candy that is loose or in damaged packaging.

Double, double toil and trouble, fire burn, and cauldron bubble:

- Always wear gloves when handling dry ice.
- Do not store dry ice in the freezer. Because dry ice turns into a gas, it needs to be stored where the gas can escape, like a cooler with the lid propped open.
- Watch out for fragments if you're serving up a brew with dry ice. Swallowing or touching dry ice can cause bad burns.

Boo-ze and drugs don't mix:

Alcohol doesn't mix well with anything, especially cannabis, opioids, or prescription drugs. If you're going to use, stick to one substance, stay with a buddy, arrange for a safe ride home, and carry naloxone.

Scare away viruses:

Help prevent the spread of respiratory illnesses by staying home if you're sick. Don't use disinfectant or cleaning products on candy... just wash your hands or use hand sanitizer before you eat your treats.