



# National Poison Prevention Week

**March 16 - 22, 2025**

Learn more at [wapc.org](http://wapc.org)

Natalie Lundsten | 1st grade | Spokane, WA

**1(800) 222 1222**



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Aubree Huber | 3rd grade | Centralia, WA

1(800) 222 1222





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Seattle Children's®  
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WASHINGTON  
**POISON  
CENTER**  
An Independent Nonprofit Organization

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Rain Iden Gurango | 7th grade | Shoreline, WA



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Amelia Walker | 12th grade | Seattle, WA

**CARBON MONOXIDE**

**C O** Carbon monoxide is caused by incomplete combustion (burning). It is colorless and odorless, meaning a carbon monoxide alarm is needed to detect it.

**TO LESSEN CHANCE OF EXPOSURE...**

- Have water heaters and furnaces that run on oil/natural gas inspected regularly.
- Also ensure fire places are inspected regularly.

**NEVER** use grills, camping stoves, generators meant for outdoor use inside.

**WATCH OUT!** Some symptoms can be confused with feeling sick!

Make sure you have a working carbon monoxide alarm!

If you experience carbon monoxide in your home or are poisoned

**CALL 911** Emergency Medical Assistance **OR** **1-800-222-1222** Washington Poison Control Center

**SYMPTOMS**

- ☐ Headache
- ☐ Nausea
- ☐ Flu-like symptoms
- ☐ Fatigue
- ☐ Seizures
- ☐ Coma
- ☐ Movement Problems
- ☐ Death