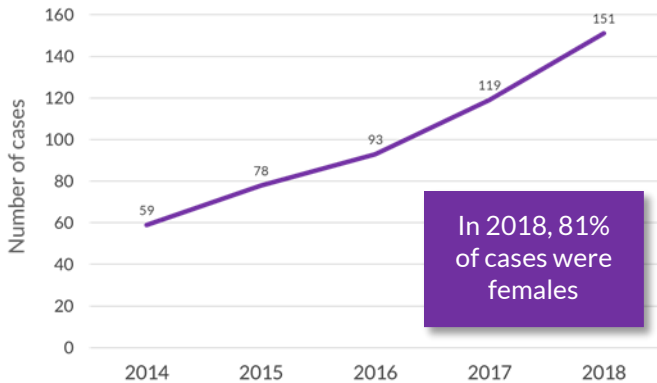


Washington Poison Center

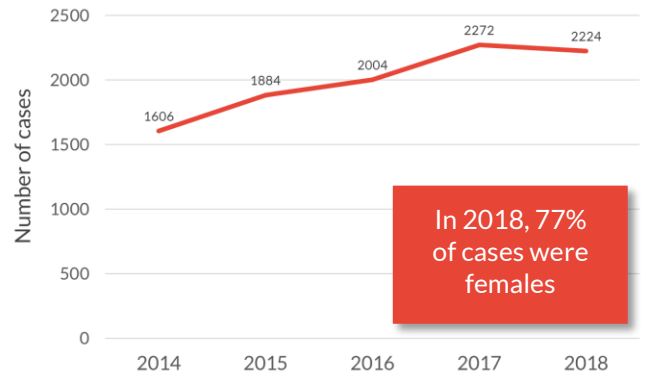
2018 Annual Data Report: Children and Adolescent Self-Poisoning

Between 2014 and 2018, reports of self-harm/suicidal intent cases increased 155% in children 6-12 years and 40% in adolescents 13-19 years

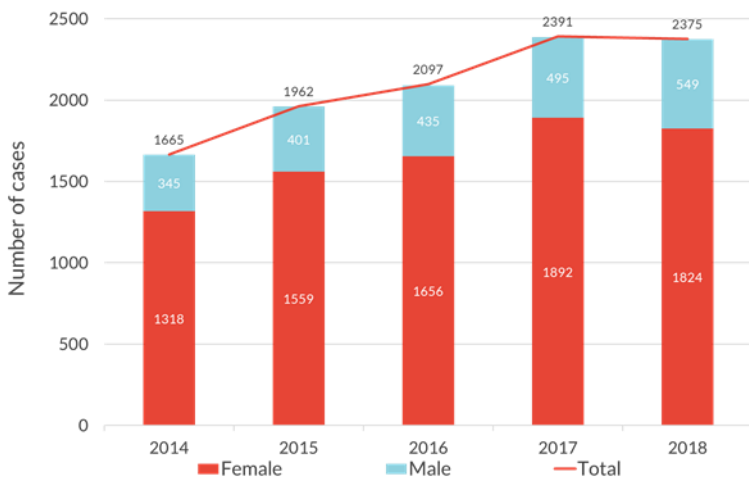
Children 6-12 yrs Self Harm/Suicidal Intent



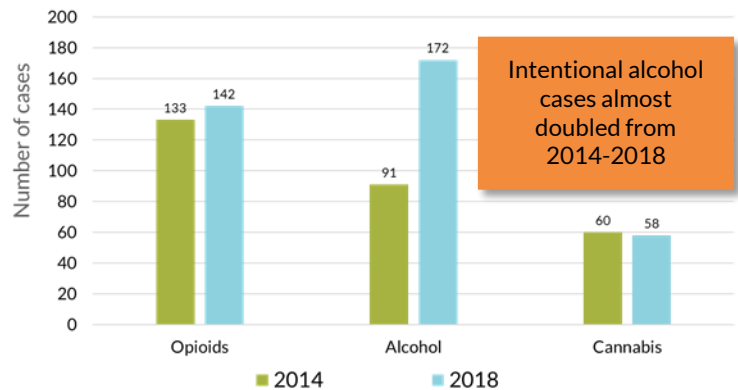
Adolescents 13-19 yrs Self Harm/Suicidal Intent



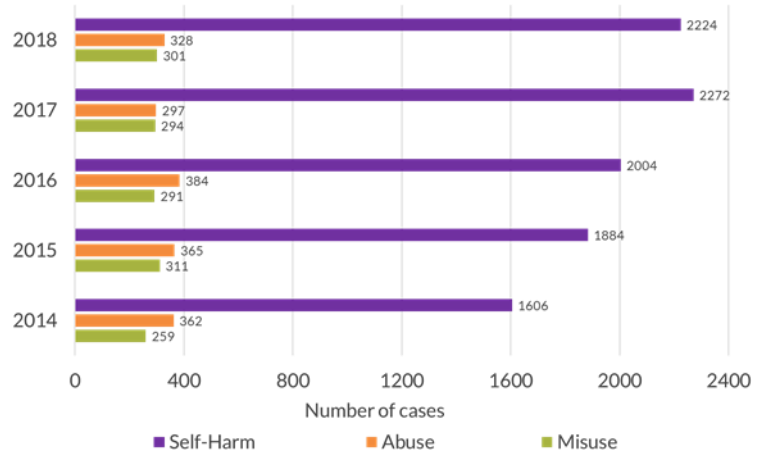
Self-Harm/ Suicidal Intent Cases Ages 6-19 yrs by Gender



Intentional Exposures of Opioids, Alcohol and Cannabis Ages 6-19 yrs



Misuse, Abuse, & Self-Harm/Suicidal Intent Ages 13-19 yrs



Misuse is inappropriate medication use and Abuse is "wanting to get high".

Top 5 Substances		
	2014	2018
6-12 Years Old	Ibuprofen	Ibuprofen
	Acetaminophen	Melatonin
	Glue, Adhesive	Acetaminophen
	Diphenhydramine	Antihistamines (excludes Diphenhydramine)
	Marijuana	Fluoxetine
	13-19 Years Old	Ibuprofen
Melatonin		Acetaminophen
Acetaminophen		Fluoxetine
Other Antihistamines (excludes Diphenhydramine)		Other Antihistamines (excludes Diphenhydramine)
Fluoxetine		Sertraline