

10 MEDICATION QUESTIONS to ask a provider or pharmacist

1. What is the name of the medication?
2. What is this medication for?
 - How does it help my condition or symptom?
3. How do I take this medication?
 - How much?
 - How often?
 - Does this medication need to be taken at a specific time?
 - If it's a once-a-day dose, is it best to take it in the morning or at night?
 - Should I take this medication with or without food?
 - What foods, drinks, other medicines, or activities should I avoid while taking this medication?
 - Are there any other special instructions for this medication?
4. How long will I take this medication?
 - Will I need a refill?
5. What side effects can I expect? What should I do if they occur?
6. What should I do if I miss a dose?
7. Does this new prescription mean I should stop taking any other medicines I'm taking now?
8. Will this medication work safely with my other medications, including other prescription medications, over-the-counter medications, vitamins, and other supplements? (Provide medication list as reference)
9. When should I expect the medication to begin to work, and how will I know if it's working?
10. Is there any additional information I should know about this medication?

Adapted from BeMedWise.org "10 questions to ask about the medicines you take"

