

Poison First Aid



Language Line available

TDD: 1-800-572-0638



The Washington Poison Center is a 501(c)(3)
nonprofit organization, EIN 94-321459.

www.wapc.org

This first aid information does not take the place of expert advice.
Always call the Poison Center right away.

Call 911 if someone has trouble breathing or cannot wake up.

Inhaled Poison 

Get to fresh air right away. Avoid breathing fumes. Open doors and windows wide.

Poison on the Skin 

Take off clothing the poison touched. Rinse skin with running water. Wash off with soap and water.

Poison in the Eyes 

Rinse eyes with lukewarm running water for at least 10 minutes. Blink as much as possible. Do not force the eyelid open.

Swallowed Medicine 

Do not give or take anything until calling for advice.
Do not force vomiting.

Swallowed other Poisons 

Drink a small amount of milk or water. Do not force the fluids or vomiting.

Call 1-800-222-1222 right away.